

Rockland County Resources

Behavioral Response Team	845-517-0400	24/7 crisis intervention services
Project Hope/ Astor Services for Children and Families	(845) 204-5223 (Direct Crisis help line)	Depression/Anxiety needs due to COVID
Rockland County Family Services Referral Line	(845) 364-3050	Adolescent services, FAR, CPS referral
CANDLE	(845) 634-6677	Rockland County LGBTQ /Youth Pride
Rockland County Center for Safety and Change	(845) 634- 3344 (24 hour hotline)	Assist/support victims of domestic violence, sexual assault, child abuse, human trafficking, and other crimes
NAMI Rockland	845-359-8787 (English) or (845) 359-8784 (Español)	Provides support, education, and advocacy to individuals and families affected by mental health concerns.
NAMI Crisis Line	988	Suicide and crisis line
VCS Mental Health Clinic	(845) 634-5729	Counseling Services
United Hospice of Rockland	(845) 634-4974	Grief and Grieving Services
Mental Health Association (MHA) of Rockland	845-267-2172	Counseling, family counseling, peer groups, educational classes
Monsey Medical Health (Project Ohr)	845-352-6800 x 7	Counseling services for behavioral needs - English and Spanish services
Children's Health Home of Upstate NY	(855) 209-1142 referrals@childrenshealthhome.org Childrenshealthhom.com	Connecting families with appropriate supports - Care Management
Nathan Kline Institute for Psychiatric Research	(845) 398-2897	Neurocognitive Assessment and comprehensive evaluations

MSC - Multisystemic Therapy (Department of Social Services)	Carole Mattia at (845)364- 3501	Adolescent at risk emergency helpline.
West Bergen Mental Healthcare	(201) 444-3550	Offering a wide variety of services from residential and partial care programs to anger management, asperger's related, ADHD, anxiety, depression, social skills, etc services.
Hudson Valley Center for Cognitive Therapy	(845) 353-3399 x 12 Dr. Christine Zeigler	Coping Strategies for the transition to middle school
Rockland Jewish Family Services	(845) 354-2121 x 141	Wide range of family and adolescent services - individual counseling and groups
Comfort Zone Camp (Summer service)	(201) 632-3520	Summer camp for students who have experienced the death of a parent, guardian, or sibling.
Frawley Outpatient Mental Health Clinic	(845) 368-5222	Frawley Outpatient Mental Health clinic provides comprehensive behavioral health for children and adults
Footprints to feel better	(646) 204-2295 main line (917) 213-9401 direct line Elizabeth Gonzalez (bi lingual)	A mental health practice dedicated to providing the highest standard of care to the most vulnerable and marginalized communities
Rodriguez-Ramos Mental Health Counseling PLLC	(347) 432-2829 Ismenia Rodriguez (bi lingual)	Telehealth for adolescent needs
Monsey Health Center	(845) 352-6800 (bi lingual)	Comprehensive counseling services in English, Spanish, Yiddish, Hebrew, French Creole, Russian.
Refuah Health Center	(845) 354-9300 (bi lingual)	Wide range of family and adolescent services.
CancerCares	(877) 465-6636	Free individual and support group counseling to anyone affected by cancer residing in New York or New Jersey. Counseling is

		available in English and Spanish.
National Suicide Hotline	988	
Partnership for Safe and Healthy Youth Center	(845) 405-4180	Providing a continuum of behavioral health, social services and educational support to Rockland County children and teenagers who are struggling academically, socially and emotionally.
Youth Behavioral Health Information and Referral Line	Call 833-YouthBH (833-968-8424)	Do you need help finding behavioral health services for your child and family? The Saint Dominic's Family Services, Youth Behavioral Health Information and Referral Line is free and confidential. Family Peer Advocates use their experience and understanding of the mental health system to connect you to the information and support you need.
Rockland County Pride Center	(845) 353-6300	Services for youth and families for LGBTQ+

If you feel your child needs immediate assistance, dial 911.

Additional urgent or emergency resources:

- Call Nyack Hospital Helpline (845) 348-6701 OR go to Nyack Hospital Emergency Room, 160 N. Midland Avenue, Nyack
- Call Good Samaritan Hospital (845) 368-5029 OR go to Good Samaritan Hospital Emergency Room, 255 Lafayette Avenue, Suffern

Updated Nov, 2022